

OUTREACH HEALTH SERVICES

MOBILE HEALTH SERVICES TO PEOPLE LIVING WITH A DISABILITY.
 PREVENTION OF DISABILITIES AND DEVELOPMENT OF SECONDARY DISEASES.
 INTRODUCTION OF OCCUPATIONAL AND PHYSIOTHERAPY.

PROBLEM STATEMENT:

People with disabilities (PWDs) bear the double burden of poverty and exclusion due to financial, social, and environmental barriers.

There is a strong correlation between disability and poverty, not only for the individual PWD, but the entire household.

Deep-seated social discrimination and stigma persist throughout Tanzania, resulting in marginalisation and exclusion of people with disabilities. Negative attitudes and misconceptions about disabilities perpetuate social barriers and limit their integration into mainstream society.

Access to appropriate healthcare and support services, including therapy, rehabilitation, and assistive devices, is often inadequate for people with disabilities in Tanzania. This lack of support negatively affects their overall well-being and hinders their ability to fully participate in society.

Most children with disabilities in Tanzania face barriers in accessing quality education. Specialised schools and facilities are often scarce, and mainstream schools may not be adequately equipped to cater to the needs of children with disabilities.

PROJECT ACTIVITY:	Community Based Rehabilitation (CBR), Outreach
DURATION:	12 months
SECTOR:	Rehabilitation, Healthcare, Occupational Therapy
INVESTMENT:	From USD \$50,000 to \$100,000 per year
TARGET GROUP:	People with disabilities, all ages
BENEFICIARIES:	Directly: 250+ residents and their families Indirectly: 35,000 residents

FUNDING WILL COVER MEDICAL STAFF, MOTORCYCLES FOR TRANSPORT, MEDICAL AIDS, AND THERAPY EQUIPMENT.

ACTIVITIES AND GOALS:

Outreach Health Services makes quality medical healthcare easily accessible to PWDs and improves their overall well-being through personal and individually tailored care.

Our medical team receives training in riding off-road motorbikes, as well as their maintenance, in order to be able reach even the farthest and least attainable areas of Nyamatongo Ward.

Often the most vulnerable PWDs are the least visible. These individuals are identified through our extensive collaboration with the community, community health workers and village elders.

A financial shock to a household economy, such as unexpected medical bills, can lead to a downward spiral in poverty.

A twice-weekly occupational therapy clinic serves to empower PWDs, facilitating and improving their day-to-day lives and teaches them exercises and techniques through which they can live a fuller and more productive life.

Additionally, we work to eliminate the stigma surrounding disabilities, and raise awareness on several different types of disabilities, their causes and prevention and thus create a more inclusive community where everyone has a greater opportunity to reach their full potential.

Further, equipping PWDs with the knowledge and skills to enter into income generating activities empowers these individuals on a long-term basis, with the potential to lift them out of poverty sustainably.

SDG 1: NO POVERTY

SDG 3: GOOD HEALTH AND WELL-BEING

SDG 4: QUALITY EDUCATION

SDG 8: DECENT WORK AND ECONOMIC GROWTH

SDG 10: REDUCED INEQUALITIES

SDG 17: PARTNERSHIPS FOR THE GOALS